

HOLDEN REHABILITATION & SKILLED NURSING CENTER

2024



(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR)  11:00 Chapel Service with St. Francis Church (CR)  2:00 Holiday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>2 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Welcome Sir. Erick! the Alpaca (CR/RR)  2:30 Deck the Halls  Holiday Kickoff with Alexandria & Tinsel Town Tea Party (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>3 Morning Greetings (RR) 9:00 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR)  2:00 Season BINGO (CR/53)  3 Radio City Christmas Spectacular: Rockettes (53)  4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 "Naughty & Nice" Noah's Game Night (CR)</p>	<p>4 Morning Greetings (RR) 9:30 Positive Thinking & Yogacize! (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 2:00 Sugar Plum Spa Manicures (CR)  2:00 Jingle Mingle Social (CR) 5:00 MOVIE NIGHT (53) 6:00 Holiday Caroling Jesus Christ of Latter-day Saints (OD/LD/W)</p>	<p>5 Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Sending Warm Wishes (CR)  2:00 BLITZEN BINGO  3:30 Holly ~ Jolly Happy Hour (CR)  5:00 Rosary Resonate (53) 6:00 Fa-La-La-La Fun Night with Madison (CR)</p>	<p>6 Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR)  10:00 Virtual Pet Visits (53) 10:00 Writing Letters to Saint Nick (CR)  11:00 First Congregational Church Service (CR) 1:30 Sitcom Classics (53) 2:00 Bookmobile (RR) 2:00 PO-KE-NO (CR)  3:00 Cup of Bliss (CR)  4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>7 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53)  10:30 North Pole Marathon Dice Games (CR) 2:00 HO HO HO BINGO (CR)  3:00 Open Eggnog Bar (CR)  4:00 NATIONAL GEOGRAPHIC (53) </p>
<p>8 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR)  11:00 Chapel Service with St. Francis Church (CR)  2:00 Holiday Matinee (CR/53)  4:00 Classical Music (53)</p>	<p>9 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Hooked on Candy Canes! Games (CR)  2:30 Rockin' around the Christmas tree with PE (CR)  4:00 The "Misfits" Friendship Circle (OD) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>10 Morning Greetings (RR) 9:00 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR)  2:00 Season BINGO (CR/53)  3:00 Lawrence Welk Family Christmas Champagne Theater (53)  4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 "Naughty & Nice" Noah's Game Night (CR)</p>	<p>11 Morning Greetings (RR) 9:30 Positive Thinking & Yogacize! (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 2:00 Sugar Plum Spa Manicures (CR)  2:00 Jingle Mingle Social (CR) 4:00 The "Misfits" Friendship Circle (OD) 5:00 MOVIE NIGHT (53)</p>	<p>12 Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 9:30 Rolling Pin Pie Prep (CR)  11:00 Chapel Service with St. Francis Church (CR)  2:00 BLITZEN BINGO  3:30 Holly ~ Jolly Happy Hour (CR)  5:00 Rosary Resonate (53) 6:00 Fa-La-La-La Fun Night with Madison (CR)</p>	<p>13 Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Gingerbread House ~ Mining  1:30 Sitcom Classics (53) 2:00 PO-KE-NO (CR)  3:00 The "Misfits" Friendship Circle (OD) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>14 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53)  10:30 North Pole Marathon Dice Games (CR) 2:00 HO HO HO BINGO (CR)  3:00 Open Eggnog Bar (CR)  4:00 NATIONAL GEOGRAPHIC (53) </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53)</p> 	<p>16 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Christmas Gingerbread Village of Holden ~ Craft (CR) 2:30 Holiday Honky-Tonk Gary Landgren 2:30 "Silver & Gold" Café (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p> 	<p>17 Morning Greetings (RR) 9:00 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary Service & Prayer with St. Mary's Church (CR) 2:00 Season BINGO (CR/53) 3:00 Dean Martin & Frank Sinatra Christmas Show (53) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 "Naughty & Nice" Noah's Game Night (CR)</p> 	<p>18 Morning Greetings (RR) 9:30 Positive Thinking & Yogacize! (CR) 10 Holiday Cartoons (53) 10:30 Fireside Painting Class & Free Style Art (CR) 1:30 Dining Committee (CR) 2:00 Sugar Plum Spa Manicures (CR) 2:00 Jingle Mingle Social (CR) 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p> 	<p>19 Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10:30 Mary Kay Merry Makeover (CR) 2:00 BLITZEN BINGO (CR/53) 3:30 Holly ~ Jolly Happy Hour (CR) 5:00 Rosary Resonate (53) 6:00 Fa-La-La-La Fun Night with Madison (CR)</p> 	<p>20 Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Doily Angels Craft (CR) 1:30 Sitcom Classics (53) 2:00 Bookmobile (RR) 2:00 PO-KE-NO (CR) 3:00 Cup of Bliss (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p> 	<p>21 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53) 10:30 North Pole Marathon Dice Games (CR) 2:00 Hō Hō Hō BINGO (CR) 3:00 Open Eggnog Bar (CR) 4:00 NATIONAL GEOGRAPHIC (53) Winter Solstice</p> 
<p>22 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53)</p> 	<p>23 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 Clarice's Bracelets Arts & Crafts (CR) 2:30 Holiday Victorian Carolers 2:30 Café Noel, Sing & Lounge (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p> 	<p>24 Morning Greetings (RR) 9:00 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer St. Mary's Church (CR) 2:00 Season BINGO (CR/53) 3:00 The Andy Williams Christmas Show (53) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6:00 "Naughty & Nice" Noah's Game Night (CR)</p> 	<p>25 Merry Christmas Morning Greetings 9:30 Fitness (CR) 10:00 Cartoons (53) 10:30 Painting & Free Style Art (CR) 2 Jingle Mingle Jubilee Cheese Cake Social (CR) 5:00 movie night (53)</p> 	<p>26 Morning Greetings (RR) 9:30 Friendly Fitness (CR) 10:00 Country Music (53) 10 Happy Kwanzaa Mining 2:00 BLITZEN BINGO (CR/53) 3:30 Holly ~ Jolly Happy Hour (CR) 5:00 Rosary Resonate (53) 6:00 Fa-La-La-La Fun Night with Madison (CR) Happy Hanukkah Hanukkah Begins</p> 	<p>27 Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 Pass the Fruitcake Musical Chair (CR) 1:30 Sitcom Classics (53) 2:00 Bookmobile (RR) 2:00 PO-KE-NO (CR) 3:00 Cup of Bliss (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p> 	<p>28 Morning Greetings (RR) 9:30 Weekend Workout (CR) 10:30 Holiday Rock (53) 10:30 North Pole Marathon Dice Games (CR) 2:00 Hō Hō Hō BINGO (CR) 3:00 Open Eggnog Bar (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p> 
<p>29 Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 Spiritual Hymns & Songs (CR) 11:00 Chapel Service with St. Francis Church (CR) 2:00 Holiday Matinee (CR/53) 4:00 Classical Music (53)</p> 	<p>30 Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:00 New Year's Eve Party Hats Crafts (CR) 1:30 Resident Council (CR) 2:30 Holiday Birthday Party with Heather (CR) 2:30 Make a Wish! Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p> 	<p>31 Morning Greetings (RR) 9:00 Wonderland Zen (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer St. Mary's Church (CR) 2:00 Season BINGO (CR/53) 3:00 Lawrence Welk New Year's Eve Show (53) 4:00 Spanish Eve (53) 6:00 Happy New Year! from Times Square on NBC</p> 	<p>Sensory Connection: VIP Visits & OTN-53 1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, P7et visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>DECEMBER 2024 Please observe or Join our activity programs All activities subject to change with or without notice to better meet the needs and safety of the residents.</p>	<p>Broadcasting Live!! Special Activity Programs LIVE STREAMING Orion TV Network Channel 53 Please Tune In! PLAY</p> 	<p>SPECIAL DAYS Winter Begins December 21 Christmas Eve December 24 Christmas December 25 Hanukkah December 26 Kwanzaa December 26 New Year's Eve December 31</p>