

HOLDEN REHABILITATION & SKILLED NURSING CENTER



(CR) Community Room (CS) Coffee Shop (W) Wachusett
 (53) Oriol TV Network (C) Courtyard (RR) Resident Rooms
 (LD) Laurel Dining/Day Room (OD) Oak Dining/Day Room (L) Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sensory Connection: VIP Visits & OTN-53</p> <p>1:1 Activities include but not limited to: Aroma Therapy, Rhythm Music, Puzzles, Art, Hand Massages, Manicures, Physical Games, Pet visits, Spiritual Readings, Reminiscing, Short Stories, Tactile Sensory, Games & Sensory Items, Daily Devotional as Resident Room Visits</p>	<p>ACTOBER 2024</p> <p><i>Please observe or Join our activity programs</i></p> <p><i>All activities subject to change with or without notice to better meet the needs and safety of the residents.</i></p>	<p>1 Happy Birthday, Julie Andrews ~ 1935</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6 Noah's Game Night (CR)</p>	<p>2 Guardian Angels Day Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Namaste Yogacize (CR) 10:30 Manicures (CR)</p> <p> Nail Salon 10:30 Picasso's Painting Class (CR) 2:00 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p> <p> HAPPY ROSH HASHANAH! Begins at Sundown</p>	<p>3 Techies Day</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Hey Google</p> <p>Discover & Learn New Technology (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR) 4:00 Rosary Resonate (53)</p>	<p>4 The Orient Express Day Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:30 "The Orient Express" Word Mining (CR) 11:00 First Congregational Church Service (CR) 2:00 Sitcom Classics (53) 2:00 Bookmobile (RR) 2:30 SHOW & TELL (CR) 3 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p>	<p>5 Golden Arches Day</p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Laugh & Lounge Comedy (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>
<p>6 German American Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>	<p>7 Frost on the Punkin Day ~ 1988</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Manicures (CR)</p> <p> Nail Salon 2:30 Let the good times roll with P. E. (CR) 3:00 Hot Cocoa Bar (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24) </p>	<p>8 That's Italian Tuesday</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) </p> <p>2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6 Noah's Game Night (CR)</p>	<p>9 John Lennon Day ~ 1940</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Namaste Yogacize (CR) 10:30 Manicures (CR)</p> <p> Nail Salon 10:30 Picasso's Painting Class (CR) 2:00 PO-KE-NO (CR) & Happy Hour 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p>	<p>10 Double 10th Day</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:00 Perfect 10 It's your turn! Dice Games (CR) 11:00 St. Francis Church Communion Service (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR) 3:00 Rosary Resonate (53)</p>	<p>11 Dance and Choreography Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym(CR) 10:00 Virtual Pet Visits (53) 10:30 Dance & Choreography Free Style Art (CR) 2:00 Music, Melodies & Memories (CR) 3:00 Armchair Travels (53) Shabbat Shalom YOM KIPPUR Begins at Sundown</p>	<p>12 Scarecrow Saturday</p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Laugh & Lounge Comedy (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13 Navy's Birthday ~1775</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>  	<p>14 Happy Columbus Day</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10 Niña, Pinta, Santa Maria Free Style Art Voyage (CR) 2:30 Celebration with Gary Landgren (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>   	<p>15 I Love Lucy Anniversary ~ 1951</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Healing & Anointing of the Sick, Communion service with Fr. Tim ~ St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6 Noah's Game Night (CR)</p> 	<p>16 Fall Harvest Day</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Picasso's Painting Class (CR) 1:30 Dining Committee (CR) 2:00 PO-KE-NO & Happy Hour (CR) 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p>    	<p>17 The Day the Stones Got Rolling ~ 1961</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Rock & Roll Dice Games (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR) 4:00 Rosary Resonate (53)</p> 	<p>18 (Get Your Kicks On) Route 66 Day</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "Bobby Troup" Word Mining (CR) 2:00 Sitcom Classics (53) 2:00 Bookmobile (RR) Billboard 2:00 Name & Tune (CR) 3 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p> 	<p>19 Holtermann Nugget Discovery ~ 1872</p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Laugh & Lounge Comedy (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>  
<p>20 Chefs Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>  	<p>21 Lilliputians Day</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 Manicures (CR) Nail Salon 2:30 Happy Birthday Party with Alexandria (CR) 2:30 Make a Wish! Cake & Coffee Social (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>   	<p>22 Happy Birthday, Princeton University ~1746</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6 Noah's Game Night (CR)</p> 	<p>23 A BOO-tiful! Day</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Picasso's Painting Class (CR) 2:00 PO-KE-NO & Happy Hour (CR) 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p>    	<p>24 Photographer Appreciation Day</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10:30 Photographer Appreciation Color Splash (CR) 2:00 Bingo (CR/53) 3:00 Mix & Mingle (CR) 4:00 Rosary Resonate (53)</p>  	<p>25 Frankenstein Friday</p> <p>Morning Greetings (RR) 9:30 Up & At'Em! Gym (CR) 10:00 Virtual Pet Visits (53) 10:30 "Spooky Monsters" Word Mining (CR) 2:00 Sitcom Classics (53) 2:00 Bookmobile (RR) Billboard 2:00 Name & Tune (CR) 3 Cup of conversation (CR) 4:00 Armchair Travels (53) Shabbat Shalom</p> 	<p>26 National Pumpkin Day</p> <p>Morning Greetings (RR) 10:30 Classic Gameshows (53) 9:30 Weekend Workout (CR) 10:30 Fun Fusion (CR) 2:00 BINGO (CR/53) 3:00 Laugh & Lounge Comedy (CR) 4:00 NATIONAL GEOGRAPHIC (53)</p>  
<p>27 Teddy Bear Day</p> <p>Morning Greetings (RR) 9:30 Sunday Jazz (53) 9:30 Silver Sneakers Fitness (CR) 10:30 VIP Visits (W) 10:30 Spiritual Hymns & Songs (CR) 11:00 St. Francis Church Service (CR) 2:00 Sunday Matinee (CR/53) 4:00 Classical Music (53)</p>  	<p>28 Statue of Liberty's Anniversary ~ 1886</p> <p>Morning Greetings (RR) 9:30 Virtual Pet Visits (53) 9:30 Stretch & Tone (CR) 10:30 The Statue of Liberty's Secret Symbols (CR) 2:30 Mr. Magic, Larry Parker Show (CR) 2:00 Hot Cocoa Bar (CR) 4:00 Space Traveling (53) 5:00 Dinner Theater (24)</p>  	<p>29 Happy Internet Day</p> <p>Morning Greetings (RR) 9:30 Tuesday Tunes (53) 9:30 AM Workout (CR) 10:30 Rosary & Prayer Service ~ St. Mary's Church (CR) 2:00 Bingo (CR/53) 3:00 Snack & Chat (CR) 4:00 VIP Visits (RR) 4:00 Spanish Eve (53) 6 Noah's Game Night (CR)</p> 	<p>30 Candy Corn Day</p> <p>Morning Greetings (RR) 9:30 Classic Cartoons (53) 9:30 Namaste Yogacize (CR) 10:30 Manicures (CR) Nail Salon 10:30 Picasso's Painting Class (CR) 1:30 Resident Council (CR) 2:00 PO-KE-NO & Happy Hour (CR) 5:00 MOVIE NIGHT (53) 6:00 Evening Shindig (CR)</p>    	<p>31 Happy Halloween!</p> <p>Morning Greetings (RR) 9:30 Country Music (53) 9:30 Friendly Fitness (CR) 10 Halloween Costumes Craft (CR) 2:00 Bingo (CR/53) 3:30 HAPPY Halloween Party with Heather (CR) 4:00 Rosary Resonate (53)</p>  	<p>Special Days</p> <p>Rosh Hashanah October 2 Yom Kippur October 11 Columbus Day October 14 Sweetest Day October 21 Simchat Torah October 24 World Pasta Day October 25 Halloween October 31</p>	<p>Broadcasting Live!! Special Activity Programs</p> <p>LIVE STREAMING Orion TV Network Channel 53 Please Tune In!</p> 